使用說明書
INSTRUCTIONS

HITACHI
Inspire the Next

日立溫熱冰肌離子清潔及保濕器
HITACHI Ion cleansing with moisturizing support device

CM-N28000BF

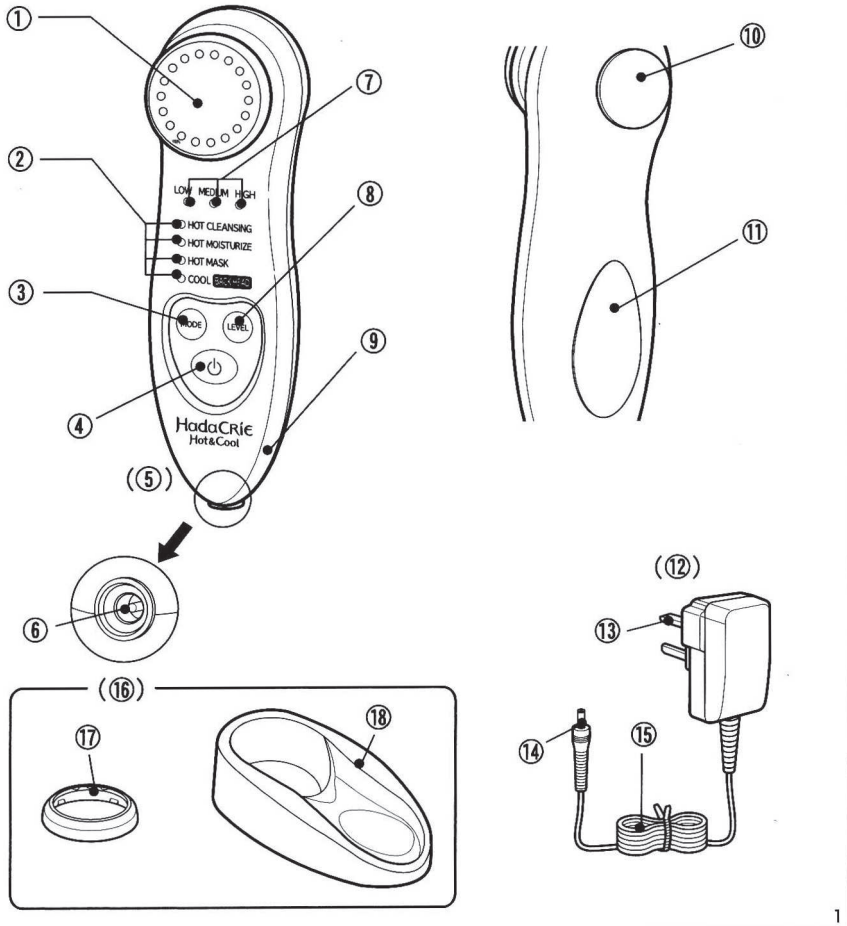
只作家居用途
For household use only

交流式
AC : **100-240V**

日本製造
Made in Japan

English ····· Page 1~16

中文 ····· 頁 17~31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LOW MEDIUM HIGH
HOT CLEANSING
HOT MOISTURIZE
HOT MASK
COOL BACK-HEAD
MODE
LEVEL
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Hot&Cool

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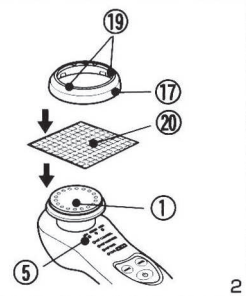
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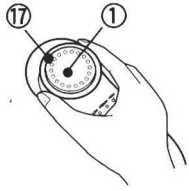
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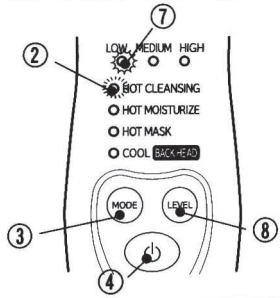
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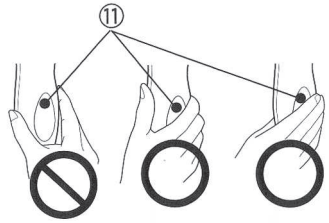

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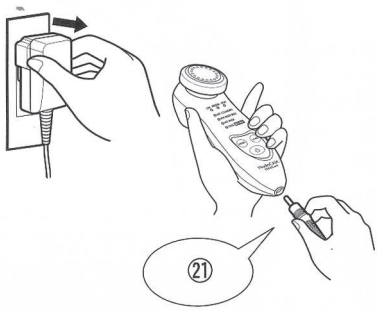

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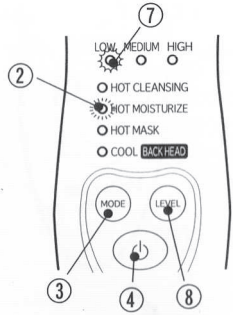

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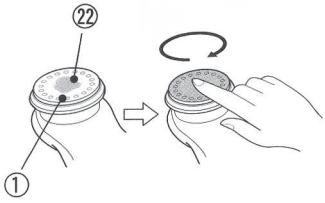

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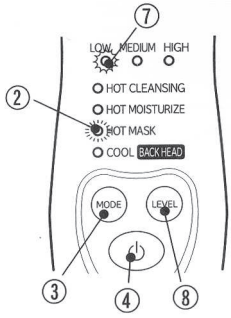

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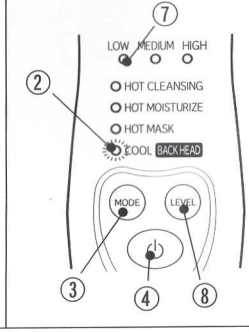

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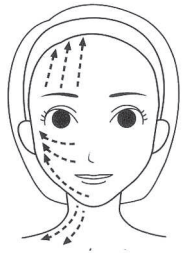

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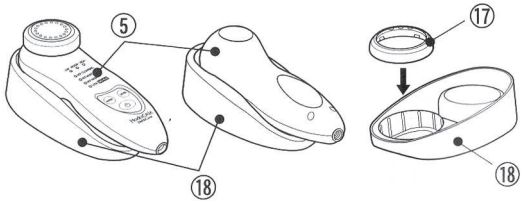

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English

Safety precautions

- Precautions described here are intended for safe and correct use of this product and are to prevent injury and damage to you and others before they occur.
- Precautions are classified as follows.
  Make sure to observe the precautions because they are all important in relation to safety.

⚠DANGER	Indicates an imminently dangerous situation in which improper handling may result in death or serious injury to a user.
⚠WARNING	Indicates a dangerous situation in which improper handling could result in death or serious injury to a user.
⚠CAUTION	Indicates a dangerous situation in which improper handling could result in slight injury to a user or damage to property (house, household effects, etc.).

<Examples of pictorial indication>

	The ⃠ symbol indicates "Prohibited" (Do not do this). "Disassembly prohibited" "Use prohibited in wet areas" "Use with wet hands prohibited"
	The ❗ symbol indicates "Compulsory" (Make sure to do this). "General action" "Unplug"

⚠DANGER

Prohibited	Persons who use the following medical electronic devices should not use this product. (This product may cause the medical electronic devices to malfunction.) - Self-contained medical electronic devices such as a pacemaker - Wearable medical electronic devices such as an electrocardiograph

⚠WARNING

	Do not use this product by other methods which are not described in this instruction manual. (Cause of accident, trouble, or failure)
	Use this product only for face and neck. (Cause of an accident or trouble)
Prohibited	The following persons should be avoid to use this product. (Cause of an accident or trouble) - Persons with heart disease - Persons with an acute (pain) illness - Persons with fever - Persons with a blood pressure disorder - Persons with an infectious disease - Persons with a tubercular disease - Persons with a malignant tumor - Persons with facial neuralgia - Persons who are pregnant - Persons who are menstruating - Persons with atopic dermatitis - Persons with an allergic predisposition - Persons with particularly sensitive skin - Persons with hemophilia - Persons under dental care - Persons whose blood vessels have expanded due to long time use of steroid hormones or liver function disorder - Persons who are under the influence of alcohol or medication, or who are very tired

⚠WARNING

Prohibited	Do not use this product on the following regions. (Cause of accident or trouble) - Regions where orthopedic treatment was given - Eyeballs and upper eyelids - Wound sites - Facial melanoderma - Mucosal regions, such as inside the mouth - Regions irritated due to pimples or skin rash - Lips - Regions which suffer from sensation of pain or perception disorder - Regions where metal, plastic or silicone etc., is embedded under skin - Regions where there is itching, sensation of warmth, or liver spots due to physical stimulus etc. - Regions where skin irritation is caused by cosmetics
	This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
	Children should be supervised to ensure that they do not play with the appliance.
Make sure	When feeling pain or disorder during use of this product, or sensing anything wrong with your skin after use, stop using this product and consult a dermatologist. (Cause of skin trouble etc.)
Unplug	If any abnormality occurs during use, immediately pull out the power plug of the power adaptor from the outlet. (Cause of accident or fire)
Prohibited	Use only 100-240V AC for power supply. (Cause of fire or electric shock)
	Do not use if the power cord or the power plug is damaged or its insertion to the outlet is loose. (If the power cord breaks, a fire or electric shock may occur.)
	The power cord cannot be unnecessarily bended, pulled, twisted, bound, placed a heavy object on it, pinched, processed, or wound around the power adaptor. (If the power cord damages fire or electric shock may occur.)
	Do not use this product near inflammable substances (gasoline, benzene, thinner, etc.). (Cause of explosion or fire)
Make sure	If any unusual sound or abnormality occurs in the main body, immediately stop using this product and contact the distributor for repair together with the power adaptor. (Cause of accident or trouble)
	Persons who use this product for the first time should use it while observing the condition of their skin. (Cause of skin trouble or poor physical condition)
	Use the COOL mode at an ambient temperature in the range of 10 to 40℃. (Cause of skin damage as the head is too cold if the device is used at a low temperature)
	Person who uses this device for the first time should use this while observing the condition of their skin. (Cause of skin trouble and poor physical condition)
	Do not use this product beyond the specified operating time. (Cause of skin trouble)

⚠WARNING

Prohibited	Do not insert or remove the power plug in/from the outlet with wet hands. (Cause of failure or short circuit)
Prohibited	Do not wash or splash water on this product. (Cause of failure or short circuit)
	Do not use or keep this product in places easily splashed with water or in damp places, such as in a bathroom. (Cause of failure or short circuit)
Prohibited	Do not alter disassemble or repair by unauthorized techinician. (Cause of fire, electric shock, injury, or failure)

⚠CAUTION

Prohibited	Check the head for any damage or deformation before use. (Cause of damage to skin)
	Do not use this product together with other beauty treatment devices at the same time. (Cause of failure or trouble)
	Do not use this product if there is some injury or wound to your skin. (Cause of skin trouble or pain)
	Do not drop this product or give it a strong impact. (Cause of injury or failure)
	Do not leave this product in a place where the temperature becomes high such as the inside of a vehicle. (Cause of failure)
	Do not wipe with benzene, thinner or alcohol, and do not spray insecticide. (Cause of cracking, electric shock, or ignition)
	Use only the original power adaptor. And, do not use any other product with the original power adaptor. (Possibility of electric shock or ignition)
Make sure	Remove accessories such as earrings and necklaces, and contact lenses before use. (Cause of accident or trouble)
	If there is any severe skin disorder or irregularity on your skin surface, or due to downy hair, you may feel strong irritation in rare instances. In this case, avoid using this product on that region. (Cause of accident or trouble)
	Do not keep the cotton puff or the head on one part of your skin but always keep it in motion. (Cause of skin trouble or poor physical condition)
	Do not hold the cord to pull out the power plug and device plug. (Cause of disconnection, electric shock, short circuit, or ignition)
	When there are people around the device, pay attention to any sudden movement during use. (Cause of injury)
Unplug	Make sure to pull out the power plug from the outlet while not in use. (Cause of electric shock or fire by deterioration)

Names of parts and their functions (Fig. 1)

① Heating head (titanium material)
Attach cotton and apply it to your skin.
The device vibrates while being used in modes other than “Cool.”

② Mode indicator lamp

Mode	During preparation	During use
HOT CLEANSING	Orange lamp flashing	Orange lamp lights
HOT MOISTURIZE		
HOT MASK		
COOL	Blue lamp flashing	Blue lamp lights

③ Mode switch button
Every time the button is pressed, the mode for use will be switched.
(“HOT CLEANSING” is initially set.)

④ Power switch ("⏻")
Turn on the power switch, and it will turn "On." Press it again, and it will turn "Off."
An automatic shutoff function is equipped, so if the device is not used for around 3 minutes, it will automatically turn "Off."

⑤ Body ⑥ Body socket

⑦ Level indicator lamp
LOW (green): MEDIUM (green): HIGH (red)
When the power switch is switched to “On,” the lamp indicating “Low” is turned on. This lamp is not turned on in “Cool” mode.

⑧ Level switch button
Every time the button is pressed, "the strength" of the electrical potential will change. There will be no change in vibration strength. (“Low” is initially set.)

⑨ Buzzer (Switching sound/ready sound/warning sound/finish sound)
Every time the switch or button is pressed, the switching sound will beep.
When the preparation is completed in “Cool” mode, the ready sound will beep.
The warning sound will beep to indicate the continuous use of “Cool” mode.
In the event of a failure, an abnormality detection sound will beep. When each mode is finished, the finish sound will beep.

⑩ Cooling head (aluminum material)
Apply this head to your skin in “Cool” mode.

⑪ Back plate (titanium material)
Touch this part and apply the heating head to your skin in modes other than “Cool,” and the device will start to operate.

⑫ Power adaptor
Model: KH-186B

⑬ Power plug

⑭ Instrument plug

⑮ Cord

⑯ Accessories

⑰ Rings (two) : Rings for attaching cotton.

⑱ Stand

Preparation before use

⚠CAUTION	Never use the device when you have a wound or an inflammation on your skin. (Cause of problems with or damage to your skin.)
	Remove jewelry or contact lenses. (Cause of problems with your skin or physical discomfort.)

1. About mode switching

Mode	Materials needed
HOT CLEANSING (cleans fine residue remaining in pores)	Use new cotton saturated with your regular toner.
HOT MOISTURIZE (performs moisturizing care by allowing moisturizing ingredients to penetrate into skin)	Use new cotton saturated with your regular toner. If you use a gel-like or thick toner, you can also apply it to heating head without using cotton.
HOT MASK (enhances the effect of milky lotion or sheet mask)	Use your regular milky lotion or a sheet mask by applying to skin. Do not use cotton.
COOL (tightens the pores of your skin by cooling effect)	Apply the cooling head directly to your skin. Do not use cotton and toner.

2 Clean skin by washing your face so that makeup and dirt will wash off.
- Wipe off makeup with a cleansing product.

3 Attach cotton to the body of the device. (Fig.2)

⑲ The narrower side of the inner circumference should be upward. ⑳ Cotton

(1)Remove the protection seal from the heating head.
- Unless the protection seal is removed, the device will not operate.

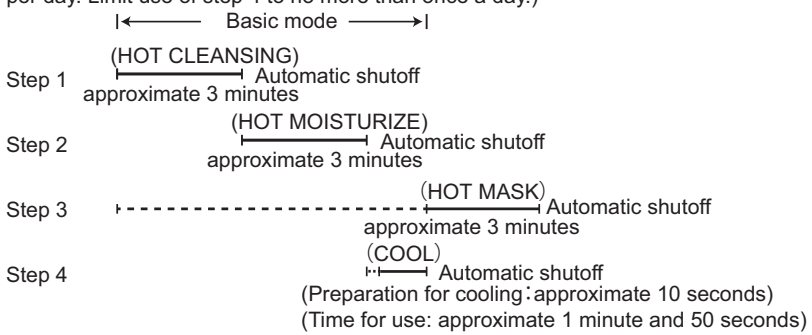
(2)Place cotton over the head and attach it with the included ring.
- Use commercially available cotton. However, small cotton or thick cotton may not work in some cases.
- The ring has an orientation with a clear direction. Attach it from straight above with the wider part of the inner circumference placed toward the heating head.

Do not attach the ring in the reverse direction. Please be careful not to squeeze it, otherwise, it cannot be removed.

4 How to remove the ring. (Fig.3)
- Remove the ring by pulling it straight up while holding down the lower part.

5 Please observe the following so as not to damage your skin when you use the device.

(1) The maximum amount of time allowed for skin care with use of this device is 8 minutes per day in basic mode. (Limit use of step 1,2,3 to no more than 3 minutes per day. Limit use of step 4 to no more than once a day.)



- Limit use of the device to no more than 11 minutes per day including use of “HOT MASK.”
- It is recommended that you use “HOT MASK” once a day for milky lotion or once or twice a week for sheet mask.

(2) Use the device on bare skin after removing makeup.

(3) Do not use the device on the same area of skin for more than 10 seconds.

(4) Switch between high and low by pressing the level switch button according to the condition of your skin.
- You can choose high, medium and low as you like.
  If your skin tingles, use the device on "Low."
- If you feel something unusual with your skin, stop using the device and consult a skin care specialist.

Example for use

Press the mode switch button and set the mode of your preferred treatment.

Quick tighten-up treatment (Required time: approximate 2 minutes)

- Step 4 “COOL”

  When you want to tighten your pores or cool down your skin before applying make up, you can just use “COOL.” After 10-second preparation for cooling, it only takes approximate one minute and 50 seconds to tighten the pores of your skin. Press the mode switch button to set to “COOL.”

Quick treatment (Required time: approximate 3 minutes)

- Step 2 "HOT MOISTURIZE"

  When you do not have much time in the morning or when you need to go out suddenly, you can just use “HOT MOISTURIZE.” It only takes approximate three minutes to moisturize your skin thoroughly. Press the mode switch button to set to “HOT MOISTURIZE.”

Tighten-up treatment (Required time: approximate 5 minutes)

- Step 1 “HOT CLEANSING”
- Step 4 “COOL”

  When you want to remove fine residue remaining in pores and tighten the pores of your skin, use “COOL” after using “HOT CLEANSING.” This treatment cleanses and tightens the pores of your skin. After the “HOT CLEANSING” mode is finished, press the mode switch button to set to “COOL.”

Moisturize treatment (Required time: approximate 6 minutes)

- Step 1 "HOT CLEANSING"
- Step 2 "HOT MOISTURIZE"

  Before you go out or when you have more time, use “HOT MOISTURIZE” after using “HOT CLEANSING.” This treatment moisturizes the clean skin thoroughly.

Daily treatment (Basic mode) (Required time: approximate 8 minutes)

- Step 1 "HOT CLEANSING"
- Step 2 "HOT MOISTURIZE"
- Step 4 “COOL”

  Standard daily moisturize treatment

  After using “HOT CLEANSING,” moisturize the clean skin in “HOT MOISTURIZE and tighten the pores of your skin by cooling effect in “COOL.” After the “HOT MOISTURIZE” mode is finished, press the mode switch button to set to “COOL.”

Recommended full treatment (Required time: approximate 11 minutes)

- Step 1 “HOT CLEANSING”
- Step 2 "HOT MOISTURIZE"
- Step 3 “HOT MASK”
- Step 4 “COOL”

  Care for your skin once or twice a week by using all modes.

  Fine vibrations in “HOT MASK” mode and gentle switching of the electrode will enhance the moisturizing effect of lotion or mask. The cooling effect of “COOL” mode will tighten the pores of your skin.

How to use

- Make sure to use only 100-240V AC for power supply and use the included power adaptor (this device is not rechargeable).
- After the power switch is switched to “On,” the heating head warms slowly.

⚠WARNING	Do not use the product around eyes and ears. (Cause of accidents or bad physical condition)
	If you feel something is unusual with your skin or body while using the device, stop using it immediately and consult a skin care specialist. (Cause of accident or poor health)

Step 1 "HOT CLEANSING"

This mode removes fine residue remaining in pores which cannot be removed by simple washing.

1 Saturate cotton attached to the body with toner after washing your face.
Please use your regular toner or rubbing-off toner with an exfoliating effect.
(Do not use milky lotion or a gel-like or thick toner.)
- Saturate the cotton with toner to the extent that toner permeates the back of the cotton.

> Some toner (just with mineral spring or water) may be difficult to bring out a good effect.

2 After confirming that the power adaptor is connected to the main body, press the power switch. (Fig. 4)
- The level indicator lamp will be turned on, and “HOT CLEANSING” on the mode indicator lamp will start flashing. If a lamp in another mode is flashing, press the mode switch button to switch to “HOT CLEANSING.”

3 Choose "the strength" of electrical potential with the level switch button.
Switch the "strength" with the level switch button according to the condition of your skin.
- Every time the level indicator button is pressed, the “LOW”,”MEDIUM” and “HIGH” of the electrical potential will be switched.
- There will be no change in vibration strength.

> It is recommended that when using the device for the first time or if you feel some discomfort, use the device in "LOW."

4 Hold the device with your hand touching the back plate of the body. (Fig. 5)
- Make sure to hold the body with your hand touching the back plate.

5 Apply cotton to the skin and move the device slowly. (Fig. 6)
- The mode indicator lamp will turn on and the device will start to vibrate.
- The time for use is within approximate 3 minutes.

CAUTION

Unless you apply the cotton to your skin while touching the back plate, the device will not vibrate. (skin sensing function)
If the heating head is not vibrating, the device is not working.
If you leave the device as it is for about 3 minutes without vibration, the device will automatically switch "Off." (Automatic shutoff function)

- Apply cotton gently to the face and slowly move the device by sliding it from the center of the face to the outer side.

⚠CAUTION	Do not keep the cotton on the same area of skin, it is necessary to move it around. (Cause of problems with your skin or physical discomfort.)

- Add more toner when there is no moisture in the cotton or when the device is difficult to slide.
- Do not apply the device on the same area of skin for more than 10 seconds.
- If you feel your skin tingling by micro current while using the device, press the level switch button and switch to "Low."
  If you still feel your skin tingling, use the device by adding more toner.

6 After 3 minutes have elapsed, the device will automatically shut off.
(Auto shutoff function)
- The finishing sound (beep beep) will inform you.

7 After use, make sure to pull out the power adaptor from the electric outlet and the main body. (Fig. 7) ㉑ Pull out holding the plug portion.
To continue to use the next mode, do not disconnect the power adaptor.

8 Remove the ring and the cotton.
- Wipe off the surface of the heating head with a tissue.
- Do not use the cotton again once it is used. It might cause problems with your skin.

Step 2 "HOT MOISTURIZE"
This mode cares for skin by allowing moisturizing ingredients of toner permeate into the skin.

When using cotton

1 Attach new cotton to the body with the attachment ring.
- For attaching a cotton puff, see "Preparation before use."

2 Saturate the cotton with your regular toner.
- Do not use milky lotion or a gel-like or thick toner.
- Saturate the cotton with lotion to the extent that lotion permeates the back of the cotton.

3 After confirming that the power adaptor is connected to the main body, press the power switch. (Fig. 8)
- “Low” on the level indicator lamp lights and “HOT MOISTURIZE” on the mode indicator lamp starts flashing. If a lamp in another mode is flashing, press the mode switch button to switch to “HOT MOISTURIZE.”

> When the "HOT CLEANSING" mode is finished, press the power switch and the "HOT MOISTURIZE" mode will automatically be set.

4 Choose "the strength" of electrical potential with the Level switch button. Switch the "strength" with the Level switch button according to the condition of your skin.
- Every time the level indicator button is pressed, the “LOW”,”MEDIUM” and “HIGH” of the electrical potential will be switched. There will be no change in vibration strength.

> It is recommended that when using the device for the first time or if you feel some discomfort, use the device in "LOW."

5 Hold the device with your hand touching the back plate of the body. (Fig. 5)
- Make sure to hold the body with your hand touching the back plate.

6 Apply cotton to the skin and move the device slowly. (Fig. 6)
- The mode indicator lamp will turn on and the device will start to vibrate.
- The time for use is within 3 minutes.

CAUTION

Unless you apply cotton puff to your skin while touching the back plate, the device will not vibrate. (skin sensing function)
If the heating head is not vibrating, the device is not working.
If you leave the device as it is for about 3 minutes without vibration, the device will automatically switch "Off." (Automatic shutoff function)

- Apply the cotton gently to the face and slowly move the device by sliding it from the center of the face to the outer side.

⚠CAUTION	Do not keep the cotton on the same area of skin, it is necessary to move it around. (Cause of problems with your skin or physical discomfort.)

- Add more toner when there is no moisture in the cotton or when the device is difficult to slide.
- Do not apply the device on the same area of skin for more than 10 seconds.
- If you feel your skin tingling by micro current while using the device, press the Level switch button and switch to "Low."
  If you still feel your skin tingling, use the device by adding more toner.

7 After 3 minutes have elapsed, the device will automatically shut off.
(Auto shutoff function)
- The finish sound (beep beep) will inform you.

8 After use, make sure to pull out the power adaptor from the electric outlet and the main body. (Fig. 7)
To continue to use the next mode, do not disconnect the power adaptor.

9 Remove the ring and the cotton.
- Wipe off the surface of the head with a tissue.
- Do not use the cotton again once it is used. It might cause problems with your skin.

When not using cotton

If you use a gel-like toner/moisturizing product (all-in-one type toner for moisturizing) or thick toner which is difficult to permeate the cotton you can use this device without attaching cotton to the body.

1 Apply a gel-like moisturizing product or thick toner that you would normally use onto the heating head and smoothen it over the entire head with your fingers. (Fig. 9)
㉒ Moisturizing product

2 After confirming that the power adaptor is connected to the main body, press the power switch. (Fig.8)
- “Low” on the level indicator lamp lights and “HOT MOISTURIZE” on the mode indicator lamp starts flashing. If a lamp in another mode is flashing, press the mode switch button to switch to “HOT MOISTURIZE.”

When the "HOT CLEANSING" mode is finished, press the power switch and the "HOT MOISTURIZE" mode will automatically be set.

3 Choose "the strength" of electrical potential with the level switch button.
- Switch the "strength" with the Level switch button according to the condition of your skin.
- Every time the level indicator button is pressed, the high, medium, and low of the electrical potential will be switched. There will be no change in vibration strength.

It is recommended that when using the device for the first time or if you feel some discomfort, use the device in "Low."

4 Hold the device with your hand touching the back plate of the body. (Fig. 5)
- Make sure to hold the body with your hand touching the back plate.

5 Apply the heating head directly to the skin and move it slowly. (Fig. 6)
- The mode indicator lamp will switch and turn on, and the device will start to vibrate.
- The time for use is within 3 minutes.

CAUTION

Unless you apply the cotton to your skin while touching the back plate, the device will not vibrate. (skin sensing function)
If the heating head is not vibrating, the device is not working.
If you leave the device as it is for about 3 minutes without vibration, the device will automatically switch "Off." (Automatic shutoff function)

- Add more toner or moisturizing product when the heating head does not easily slide.
- Apply the heating head gently to the face and slowly move the device by sliding it from the center of the face to the outer side.

⚠CAUTION	Do not keep the cotton on the same area of skin, it is necessary to move it around. (Cause of problems with your skin or physical discomfort.)

- Do not apply the device on the same area of skin for more than 10 seconds.
- If you feel your skin tingling by micro current while using the device, press the Level switch button and switch to "LOW." If you still feel your skin tingling, use the device by adding more toner or other cosmetics.

6 After 3 minutes have elapsed, the device will automatically shut off. (Auto shutoff function)
- The finish sound (beep beep) will inform you.

7 After use, make sure to pull out the power adaptor from the electric outlet and the main body. (Fig. 7)
- To continue to use the next mode, do not disconnect the power adaptor.

8 Wipe off the moisturizing product on the heating head and the body of the device with a tissue.

Step 3 “HOT MASK”

(It is recommended that you use “HOT MASK” once a day for milky lotion or once or twice a week for sheet mask.)

Fine vibrations and gentle switching of the electrode enhance the effect of milky lotion or sheet mask.

1 Place a sheet mask on your face or spread milky lotion or cream that you would normally use over your entire face.
- Wipe off any lotion on your hands.

2 After confirming that the power adaptor is connected to the main body, press the power switch. (Fig.10)
- “Low” on the level indicator lamp lights and “HOT MASK” on the mode indicator lamp starts flashing. If a lamp in another mode is flashing, press the mode switch button to switch to “HOT MASK.”

When the "HOT MOISTURIZE" mode is finished, press the power switch and the "HOT MASK" mode will automatically be set.

3 Choose "the strength" of electrical potential with the level switch button.
- Switch the "strength" with the Level switch button according to the condition of your skin.
- Every time the level indicator button is pressed, the high, medium, and low of the electrical potential will be switched. There will be no change in vibration strength.

It is recommended that when using the device for the first time or if you feel some discomfort, use the device in "Low."

4 Hold the device with your hand touching the back plate of the body. (Fig.5)
- Make sure to hold the body with your hand touching the back plate.

5 Apply and move the heating head slowly. (Fig.6)
When using a sheet mask, slide the head over the sheet mask.
- The mode indicator lamp will switch and turn on, and the device will start to vibrate.
- The time for use is within 3 minutes.

CAUTION

Unless you apply the heating head to your skin while touching the back plate, the device will not vibrate. (skin sensing function)
If the heating head is not vibrating, the device is not working.
If you leave the device as it is for about 3 minutes without vibration, the device will automatically switch "Off." (Automatic shutoff function)

- Apply the heating head gently to the face and slowly move the device by sliding it from the center of the face to the outer side.

⚠CAUTION	Do not keep the heating head in the same area of the skin, but move it around. (Cause of problems with your skin or poor health)

- Do not apply the device on the same area of skin for more than 10 seconds.
- If you feel your skin tingling by micro current while using the device, press the Level switch button and switch to "LOW."

6 After 3 minutes have elapsed, the device will automatically shut off.
(Auto shutoff function)
- The finish sound (beep beep) will inform you.

7 After use, make sure to pull out the power adaptor from the electric outlet and the main body. (Fig.7)
- To continue to use the next mode, do not disconnect the power adaptor.

8 Wipe off the lotion on the heating head and the body of the device with a tissue.

Step 4 "COOL"
In this mode, the cooling head surface that is cooled about 10℃ below the ambient temperature tightens the pores of your face.

⚠WARNING	Use this device at an ambient temperature from 10 to 40℃. (If you use "COOL" mode at low temperature, the head may be overcooled, damaging the skin.)

CAUTION

Continuous use of the "COOL" mode makes it difficult to cool the cooling head.
The warning sound (beep beep) and the flashing "COOL" on the mode indicator lamp will inform you.

1 After confirming that the power adaptor is connected to the main body, press the power switch. (Fig.11)
- “Low” on the level indicator lamp lights and “COOL” on the mode indicator lamp starts flashing. If a lamp in another mode is flashing, press the mode switch button to switch to “COOL.”

When the " HOT MASK " mode is finished, press the power switch and the " COOL " mode will automatically be set.

2 Wait until the cooling head has cooled.
- Preparation for cooling takes about 10 seconds. “COOL” on the mode indicator lamp flashes during preparation.
- When the device is ready for use, the ready sound will beep, and the mode indicator lamp will be turned on.

CAUTION

The device does not vibrate in “COOL” mode.

3 Apply the cooling head gently to your skin and move it slowly just like patting your face. (Fig.12)
- The mode indicator lamp will change to lighting from flashing. The cooling head does not vibrate.
- The time for use is within one minute and 50 seconds.
- Since you can apply the device to the same area of your skin for only one second, repeatedly apply the head to your skin on and off towards the face.

CAUTION
- Do not slide the cooling head over the skin.
- Do not keep the cooling head in the same area of the skin, but move it around. The cooling effect of the cooling head may be lessened.

4 After one minute and 50 seconds have elapsed, the device will be automatically shut off. (Automatic shutoff function)
- The finish sound (beep beep) will inform you.
- When the “COOL” mode is finished, the main body and the cooling head become slightly hot, however this is not unusual.

5 After use, make sure to pull out the power adaptor from the electric outlet and the main body. (Fig.7)
- If a toner/moisturizing product remaining on the skin attaches to the cooling head or the main body, please wipe off with a tissue.
- The power adaptor may become slightly hot during use, however this is not a device failure.

CAUTION

If all of the mode indicator lamp and the level indicator lamp start flashing and the abnormality detection sound beeps during use, this is a warning of device failure. Pull out the power adaptor from the electric outlet, and contact the distributor for repair.

About skin sensing function
- This device is a product which operates through the human body. Applying the skin to the back plate and the head will make an electrical circuit start to operate. Unless you touch the back plate and apply the head to the skin, it will not start to operate.

Care for main body

- Wipe off the toner on the head and the body with a tissue.
- When dirt is difficult to remove, wipe it off with a cloth after saturating it with water and wring it thoroughly.

⚠WARNING	Do not clean the main body with water. Or do not dip in water, and do not pour water. (Cause of failure)
⚠CAUTION	Make sure to pull out the power adaptor from the electric outlet. (Improperly turning on the switch may give a tingling sensation or result in malfunction or short-circuit.)

CAUTION ★Do not use alcohol, benzine, or thinner.
(Cause of deformation or discoloration)

How to preserve

- Store the device on the included stand in a place free from excessive humidity or dirt.
- The stand can store the rings in it as well as put the body on it. (Fig.13)

⚠WARNING	Do not leave in a water splashing area or an area with significant humidity, such as a bath. (Cause of short-circuits or failure)
	Do not wind the power cord around the power adaptor or the main body. (Cause of damage to cord)

CAUTION ★Do not leave in an area subject to direct sunlight (inside of a vehicle in summer, etc.) or near heaters.
(Cause of deformation or discoloration)

Specifications

Power supply	Power adaptor (KH-186B)	100 - 240V AC, 50-60Hz
Operating time		Around 11 minutes at the maximum
Accessories		Rings (two), Stand

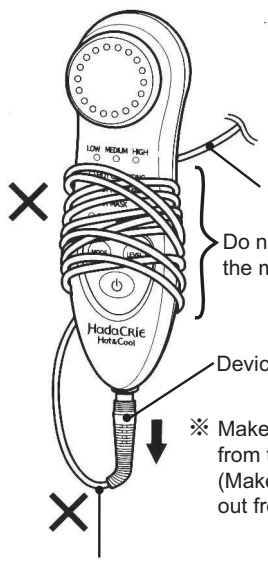
Disposal of the product

⚠WARNING	Do not disassemble except when disposing of the product.

This product includes recyclable parts.
For disposal of the parts, observe your local laws and regulations etc.

CAUTION

Make sure to pull out the device plug from the main body after using.
Do not store it when the power adaptor is connected with the main body or the cord is wound around the main body.
(Result in damage of the cord)



Cord

Do not wind the cord around the main body.

Device plug.

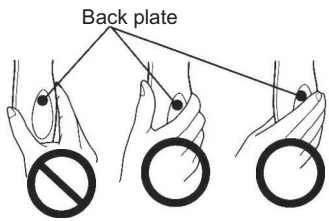
※ Make sure to pull out the device plug from the main body after using.
(Make sure to holding the plug to pull out from main body.)

Do not keep the device plug and cord in a state of bending.

NOTICE

Attention for Use

- Make sure to hold the main body of the product with your hand touching back plate and apply the head of the product to your skin. Otherwise, the product will not be operated.



About Skin Testing Function

- This product which is operated through the human body.
- The electric circuit operates on skin in contact with the back plate and the head of the product.
- The product may keep on operating even after the head is moved away from skin, but this is not a failure. In such a case, it can be stopped by turning off the power switch or releasing the back plate.

About Operating Time

- The continuous operating time of each mode is default.
- The time is not included under below circumstances:
  - When the head or the head attached with cotton puff and back plate are not contacted with skin continuously.
  - The cotton puff does not contain enough toner.

  ＊ **The actual operating time normally would be longer.**

About Auto-off Function

- If the product is not in operation around 3 minutes, the power will turn off automatically.
- There is an ending sound given and the product will turn off automatically when each mode is completed.

FAQs

No.	Questions	Answers
Q1	Tingling sensation is felt on the skin.	• Check the intensity level. If it is set on "High" level, press the level switch button to switch to "Low" level. • If toner in the cotton pad wears off, replenish it again. ※ If you still feel uncomfortable on the skin, stop using the product immediately and consult a dermatologist.
Q2	Can "HOT CLEANSING" mode remove makeup?	• This product cannot remove makeup. Please use a makeup remover cleanser.
Q3	Will dirt be more easily removed by applying more force?	• Electric power is used for removing dirt and moisturizing. Thus, by applying more force, it will not make any difference. • Gently apply to skin and massage slowly.
Q4	Cotton pad cannot be attached properly.	• Use a normal rectangular or round cosmetic cotton pad. (If the cotton pad is too thick or thin, it will not be able to attach.)
Q5	Can the product be used in the bathroom?	• This product is not waterproof. • Never use or place this product in wet and damp areas, e.g. bathroom.
Q6	Does the "COOL" mode work with toner?	• Yes but it will not enhance the cooling effects.
Q7	The cooling head does not feel cool during the "COOL" mode.	• The "COOL" mode automatically stops after being used around 2 minutes. Approximately 10 seconds is required at the start of the mode before the cooling effect takes place. It will last for another 1 minute 50 seconds before it stops automatically. • The "COOL" mode may be used continuously and continuous use will reduce the cooling effect.
Q8	Can I use milky lotion or gel?	• Milk-based lotion or gel can be used when using “HOT MOISTURIZE” mode without cotton pad and “HOT MASK” mode. Please refer to the "About mode switching" in the "Preparation before use" section in the instruction manual for details.
Q9	Does this product have whitening or blemish removal function?	• This product is not for whitening or removing blemish. • It will pull out fine dirt that remains deep in the pores and penetrate moisture into the skin.
Q10	Which regions are not suitable to use this product?	• Please refer to the instruction manual for the list of regions.

中文

安全上的注意事項

- 此處表示的注意事項，是為了讓您安全、正確地使用本產品，以防止對您以及他人造成危害與損害。
- 注意事項區分如下。
  每一項均是有關安全的重要內容，請務必遵守。

⚠危險	如果錯誤使用會造成使用者死亡或重傷之緊迫的危害程度。
⚠警告	如果錯誤使用可能會造成使用者死亡或重傷的危害程度。
⚠注意	如果錯誤使用可能會造成使用者輕傷或損壞物品 (房屋、家庭用具等)的危害和損壞程度。

＜圖示例＞

	記號，表示“禁止”(絕對不要做)的行為。 “禁止拆開”　“禁止在有水的場所使用” “禁止用濕手觸摸”
	記號，表示“強制”(必須做)的行為。 “一般的行為”　“將電源插頭從插座上拔下”

⚠危險

禁止	使用以下醫療電子儀器的人絕對不可使用。 （否則會引起醫療電子儀器操作失誤） • 心臟除顫器等的體內埋入型醫療電子儀器。 • 心電儀等安裝式醫療電子儀器。

⚠警告

禁止	不可用使用說明書上記載以外的方法。 （否則會造成事故或損傷、故障的原因）
	不可用於臉和頸部以外。（否則會造成事故或損傷的原因）
	下列人士不可使用。（否則會造成事故或損傷的原因） ●心臟病患者●急性(疼痛性)疾患者●發燒中 ●血壓異常者●感染症疾患者●結核病患者●惡性腫瘤患者 ●面神經疾患者●孕婦●經期中●特應過敏性皮膚炎患者●過敏體質者 ●對皮膚特別敏感者●血液病疾患者●牙病治療中 ●類固醇類激素劑長期使用者、肝功能障礙引起的毛細血管擴張者 ●飲酒、服藥中、過度疲勞時

⚠警告

禁止	以下部位不可使用。（否則會造成事故或損傷的原因） ●整形手術後的部位●眼球及上眼皮●傷口 ●面部黑皮症●嘴唇●口腔內等粘膜部位 ●因粉刺或疙瘩引起炎症的部位●痛覺、知覺障礙的的部位 ●在皮膚下埋入金屬、塑料、硅等的部位 ●搔癢、發燒、物理性刺激等引起的病態性褐斑的部位 ●因化妝品等引起皮炎的部位
	生理、感覺或心理能力欠佳或缺少經驗及知識的人士（包括兒童） 不得使用本產品，除非他們得到其安全責任人在本產品使用方面 的監督或指導。
	應對兒童進行監督，確保其不玩耍本產品。
務必遵守	使用中感覺疼痛、不舒服、或使用後感覺皮膚異常時，立即停止使用， 並請諮詢專門醫師。（否則會造成皮膚損傷等的原因）
拔下電源插頭	萬一在使用中發生異常時，將電源插頭從電源變壓器上拔下。 （否則會造成事故或火災的原因）
禁止	不可使用交流100V-240V以外的電源。（否則會造成火災或觸電的原因）
	不可使用已損壞的電源線或電源插頭，也不可使用鬆動的插座。 （否則會因損傷電源線，造成火災或觸電的原因）
	電源線不能用力彎曲、拉扯、扭曲、捆紮、重壓、夾入、加工或捲繞在 電源變壓器上。(否則會損傷電源線，造成火災或觸電的原因）
	不可在易燃品(汽油、揮發油、稀釋劑等)的附近使用。 （否則會造成爆炸或火災的原因）
務必遵守	如果本產品發出異常聲或異常時，立即停止使用，將電源變壓器一起委託經銷店 進行修理。（否則會造成事故或損傷的原因）
	使用時間及使用頻度務必遵守使用說明書中的指示。 （否則會造成事故或損傷的原因）
	初次使用者，請根據自己皮膚的適應狀況進行使用。 （否則會造成皮膚損傷、身體不適的原因）
	“COOL”模式，應於週圍溫度為10～40℃時使用。 （否則低溫下使用會造成導頭過冷導致皮膚損傷）
	不要使用超過規定的時間。（否則會造成皮膚損傷等的原因）
禁止	不可用濕手將電源變壓器插入或拔出插座。 （否則會造成故障或短路的原因）

⚠警告

禁止	絕對不可以用水沖洗及濺水於本產品。 （否則會造成故障或短路的原因）
	不可在容易濺水或潮濕的地方使用及放置如浴室內。 （否則會造成故障或短路的原因）
禁止	不可擅自讓未經授權的人士拆開、修理或修改。 （否則會造成火災、觸電、受傷、故障的原因）

⚠注意

	使用之前，請確認導頭有無損傷或變形。 （否則會造成損傷皮膚的原因）
	絕對不可與其他美容器具並用。（否則會造成事故或損傷的原因）
	皮膚上有傷口或炎症時絕對不可使用。（否則會造成皮膚損傷或疼痛的原因）
禁止	不可跌下或強烈撞擊本產品。（否則會造成受傷或故障的原因）
	不可放置在車內等高溫之處。 （否則會造成故障的原因）
	不可用揮發油、稀釋劑、酒精等擦拭或噴灑殺蟲劑。 （否則會造成裂紋、觸電、起火的原因）
	只可使用原裝的電源變壓器。不可用於原裝的電源變壓器來對其它商品使用。 （否則會造成觸電、起火的原因）
務必遵守	務必取下耳環、項鍊等裝飾品以及隱形眼鏡才可使用。 （否則會造成事故或損傷的原因）
	由於嚴重皮膚粗糙或皮膚表面凹凸時或者根據汗毛或鬍鬚狀況等，也會有少見的強烈刺激感。此時，應盡量避免在該部位使用。 （否則會造成事故或損傷的原因）
	化妝棉及導頭不能在皮膚的同一部位停留，要不停地移動。 （否則會造成皮膚損傷或身體不適的原因）
	拔下電源插頭或器具插頭時，不可抓住電源線拔下。 （否則會造成斷線、觸電、短路、起火的原因）
	當周圍有人時使用，應注意突如其來的動作。 （否則會造成受傷的原因）
拔下電源插頭	不使用時，務必將電源變壓器從插座上拔下。 （否則會因絕緣劣化造成觸電或火災的原因）

各部名稱及功能 (圖1)

① 溫熱導頭(鈦金屬)
將化妝棉固定後貼在皮膚上。
除「COOL」模式以外使用時會振動。

② 模式表示指示燈(橙色)

模式	準備中	使用中
HOT CLEANSING	橙色閃亮	橙色點亮
HOT MOISTURIZE		
HOT MASK		
COOL	藍色閃亮	藍色點亮

③ 模式切換按鈕
每按下一次按鈕，可以切換用法模式。

④ 電源開關(⏻)
按下開關以啟動電源，等級表示指示燈為「LOW」點亮。再次按下開關以關閉電源。
如果附帶自動關閉功能處於「開」狀態下約3分鐘內沒有操作，則自動「關」電源。

⑤ 本體

⑥ 本體插座

⑦ 等級表示指示燈
LOW(綠色)、MEDIUM(綠色)、HIGH(紅色)
按下電源開關“開”，“LOW”變成點亮。
“COOL”模式時不點亮。

⑧ 等級切換按鈕
每按下一次按鈕，可以切換電流的“HIGH”或“MEDIUM”或“LOW”。
振動的強度不會變化。(預設強度是“LOW”)

⑨ 蜂鳴器
(切換聲/準備聲/警告聲/結束聲)
每按下一次開關/按鈕，切換聲都會鳴響。
“COOL”模式完成準備時，準備聲鳴響。使用中警告聲鳴響時，表示故障警告。
各模式結束時，結束聲鳴響。

⑩ 冷卻導頭(鋁)
“COOL”模式時貼在皮膚上。

⑪ 背板(鈦金屬)
除“COOL”模式以外接觸該部分，並將溫熱導頭貼在皮膚上運作。

⑫ 電源變壓器
型號：KH-186B

⑬ 電源插頭
將插頭插入到底。

⑭ 器具插頭

⑮ 電源線

⑯ 附件

⑰ 套環(2個)
用於固定化妝棉。

⑱ 台架

使用前的準備

⚠警告	皮膚上有傷口或炎症吟絕對不可使用。 （否則會造成皮膚損傷的原因）
⚠注意	請脫下金屬飾物及隱形眼鏡。 （否則會造成皮膚損傷或身體不適的原因）

1. 各模式與所需用品

步驟	模式	所需用品
1	HOT CLEANSING (去掉殘留毛孔內的微細污垢)	在新化妝棉上浸濕平時用的化妝水後使用。
2	HOT MOISTURIZE (將保濕成分滲透皮膚的角質層進行保濕護理)	在新化妝棉上浸濕平時用的化妝水使用。 使用凝膠類保濕產品或黏性較強的化妝水時，無需使用化妝棉，只要直接將化妝水塗在溫熱導頭上，用手指塗勻整個導頭上使用。
3	HOT MASK (加強乳液或保濕面膜的效果)	將平時用的乳液塗在臉上使用。 將保濕面膜敷在臉上使用。 無需使用化妝棉。
4	COOL (利用冷卻效果使皮膚的毛孔收緊)	將冷卻導頭部直接貼在皮膚上使用。 不需使用化妝棉和化妝水。

2. 用潔顏產品沖洗化妝和污垢，並清潔乾淨。
・請用清潔美容劑卸妝。

3.在本體上安裝化妝棉。(圖2)　　⑲ 內側的窄圈部朝上。　⑳化妝棉

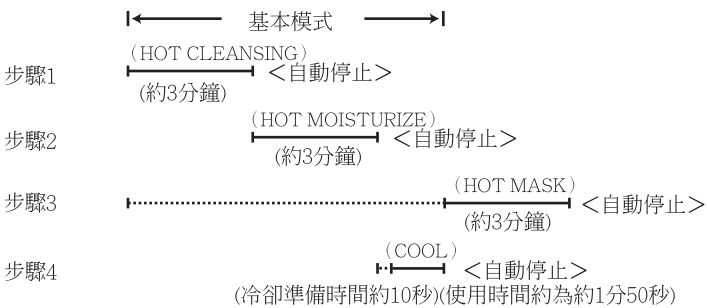
(1)撕下溫熱導頭上的保護膜。
・如果不撕下保護膜則不會運作。

(2)蓋上化妝棉並用附屬的套環固定。
・請使用市售的化妝棉。但是，小化妝棉或厚化妝棉可能裝不上。
・套環有方向性。將內側寬圈部對準導頭，從正上方套入。

請不要裝反。如果用力按壓的話，會有拆不下來的可能，請注意。

4. 套環的拆下方法。(圖3)
按著套環下部然後垂直向上推便可拆下。

5. 使用時，為了不損傷皮膚，請遵守以下事項。
(1) 用本產品護理皮膚時，用基本模式每天一次使用約8分鐘。
(1～3的各步驟的使用時間一天不得超過3分鐘，使用第4步驟的時間一天只能一次。)



- 包括「溫熱面膜」一天不可使用超過11分鐘。
- 「溫熱面膜」時，建議使用乳液時一天一次，使用保濕面膜時每週1～2次。

(2) 請洗淨化妝後裸膚使用。
(3) 在同一部位使用時間時不得超過10秒鐘。
(4) 根據皮膚的狀態進行切換“HIGH/MEDIUM/LOW”。
- 可以根據自己的喜好選擇使用“LOW”、“MEDIUM”或“HIGH”模式，感覺有“觸電感”時，請使用“LOW”模式。
- 如果感覺皮膚異常時，立即停止使用，並請專門醫生治療。

使用例

按下模式切換按鈕，設定自己喜歡程式。

快速收緊程式(所需時間 約2分鐘)

- 步驟4 COOL
需要收緊皮膚的毛孔或在化妝前冰涼美肌時也可只用「COOL」。約10秒鐘的冷卻準備後，再用1分50秒就可以收緊皮膚的毛孔。按下模式切換按鈕設定「COOL」。

快速護理程式(所需時間 約3分鐘)

- 步驟2 HOT MOISTURIZE
早上沒有時間或有急事外出時，也可只使用“HOT MOISTURIZE”。只用約3分鐘就可以支援保濕。按下模式切換按鈕，設定“HOT MOISTURIZE”。

收緊毛孔程式(所需時間 約5分鐘)

- 步驟1 HOT CLEANSING
- 步驟4 COOL

需要去除毛孔內殘餘的微細污垢和收緊皮膚的毛孔時，可以使用“HOT CLEANSING”後再進行“COOL”。
可以清潔並收緊皮膚的毛孔。
使用“HOT CLEANSING”模式結束後，按下模式切換按鈕，設定成“COOL”。

輕鬆護理程式(所需時間 約6分鐘)

- 步驟1 HOT CLEANSING
- 步驟2 HOT MOISTURIZE

外出前或有時間時，可以使用“HOT CLEANSING”及“HOT MOISTURIZE”。
對清潔的皮膚進行護理保濕。

每日護膚程式 (基本程式)(所需時間 約8分鐘)

- 步驟1 HOT CLEANSING
- 步驟2 HOT MOISTURIZE
- 步驟4 COOL

每天的常規程式。
進行“HOT CLEANSING”後，用“HOT MOISTURIZE”對清潔過的皮膚進行保濕護理，然後，再通過“COOL”冰涼的冷卻效果使皮膚的毛孔收緊。使用“HOT MOISTURIZE”模式結束後，按下模式切換按鈕，設定成“COOL”。

推薦全程式(所需時間 約11分鐘)

- 步驟1 HOT CLEANSING
- 步驟2 HOT MOISTURIZE
- 步驟3 HOT MASK
- 步驟4 COOL

每週1～2次，利用全模式進行皮膚護理。透過「HOT MASK」模式的細微振動與緩慢的電極轉換，能加強乳液及保濕面膜的效果。
利用「COOL」的冰肌冷卻效果可以收緊皮膚的毛孔。

使用方法

- 務必使用交流100-240V電源以及附屬的電源變壓器。(非充電式)
- 接通電源後，溫熱導頭會緩慢加溫。

⚠警告	不可清潔眼睛和耳朵週圍。 （否則會造成事故或引起身體不適的原因）
	皮膚上有傷口或炎症時，絕對不可使用。 （否則會造成皮膚損傷的原因。）

步驟1 HOT CLEANSING (溫熱清潔美容)

可以去除洗臉後仍殘餘毛孔內不易洗淨的微細污垢。

1. 洗臉後，在本體上套上化妝棉，並浸濕化妝水。
   請使用平時用的化妝水或具有去除角質效果的化妝水。
   (請不要使用乳液狀或凝膠狀的化妝水。)
   ・將化妝水滲透至化妝棉背面的程度。

部分化妝水(礦泉水或水等)會有不見效果的情況。

2. 將電源變壓器插在本體和插座上，按下電源開關。(圖4)
   - 等級表示指示燈點亮後，模式表示指示燈的“HOT CLEANSING”閃亮。其他模式閃亮時，按下模式切換按鈕切換成“HOT CLEANSING”。
3. 用等級切換按鈕選擇電流的“強度”。
   根據皮膚的狀態用等級切換按鈕選擇“強度”。
   - 每按下一次等級切換按鈕，電流的“LOW”、“MEDIUM”或“HIGH”就會切換，振動的強度不會變化。

初次使用者或感到不適者，建議使用“LOW”等級。

4. 用手握住本體並接觸背板。(圖5)
   - 務必用手接觸背板並握住本體。
5. 將化妝棉貼在皮膚上緩慢地移動。(圖6)
   - 模式表示指示燈變成點亮並振動。
   - 使用時間為3分鐘以內。

注意

請接觸背板，化妝棉若不貼在皮膚上則不會振動。(皮膚檢測功能)
溫熱導頭不振動時,產品不會發揮功效。
如果本產品不振動放置約3分鐘，則自動“關閉”電源。(自動關閉功能)

- 輕輕貼著臉部，從臉的中心向外側滑動並緩慢地移動。

⚠注意	化妝棉不能在皮膚的同一部位停留，需要不停地移動。 （否則會造成皮膚損傷或身體不適的原因）

- 如果化妝棉沒有水分或滑動不順暢時，請補充化妝水。
- 不要在同一部位使用超過10秒鐘。
- 使用中，如果感覺有微電流的刺痛感時，按下等級切換按鈕至“LOW”。
  如果仍感覺有“微刺感”時，請添加化妝水使用。

6. 超過約3分鐘後自動停止。(自動關閉功能)
   - 以結束聲告知。
7. 使用後，務必將電源變壓器從插座上拔下。(圖7)　㉑ 握住插頭部分拔下
   如果繼續使用下一個模式時，不需要拔下電源變壓器。
8. 拆下套環和化妝棉。
   - 用紙巾等擦拭溫熱導頭表面。
   - 用過一次的化妝棉，再次使用的話，會引起皮膚損傷的原因，請不要使用。

步驟2　HOT MOISTURIZE (溫熱強化保濕)

將化妝水的保濕成分滲透入皮膚，用於保濕護理的模式。

使用化妝棉時

1. 將新化妝棉套在本體上並用套環固定。
   - 有關化妝棉的安裝，請參照“使用前的準備”。
2. 在新化妝棉上浸濕平時用的化妝水。
   - 請不要使用乳液狀或凝膠狀的化妝水。
   - 將化妝水滲透至化妝棉背面的程度。

3. 將電源變壓器插在本體和插座上，按下電源開關。(圖8)
   - 等級表示指示燈點亮後，模式表示指示燈的“HOT MOISTURIZE”閃亮。
     其他模式閃亮時，按下模式切換按鈕進行切換。

> “HOT CLEANSING”模式結束後，按下電源開關即可自動設定為
> “HOT MOISTURIZE”模式。

4. 用等級切換按鈕選擇電流的“強度”。
   根據皮膚的狀態用等級切換按鈕選擇“強度”。
   - 每按下一次等級切換按鈕，電流的“LOW”、“MEDIUM”或“HIGH”就會切換，振動的強度不會變化。

> 初次使用者或感到不適者，建議使用“LOW”等級。

5. 用手握住本體並接觸背板。(圖5)
   - 務必用手接觸背板並握住本體。
6. 將化妝棉貼在皮膚上緩慢地移動。(圖6)
   - 模式表示指示燈變成點亮並振動。
   - 使用時間為3分鐘以內。

注意

請接觸背板，化妝棉若不貼在皮膚上則不會振動。(皮膚檢測功能)
溫熱導頭不振動時,產品不會發揮功效。
如果本產品不振動放置約3分鐘，則自動“關閉”電源。(自動關閉功能)

   - 輕輕貼著臉部，從臉的中心向外側滑動並緩慢地移動。

⚠注意	化妝棉不能在皮膚的同一部位停留要不停地移動。 （否則會造成皮膚損傷或身體不適的原因）

   - 如果化妝棉沒有水分或滑動不順暢時，請補充化妝水。
   - 不要在同一部位使用超過10秒鐘。
   - 使用中，如果感覺有微電流的刺痛感時，請按下等級切換按鈕至“LOW”。
     如仍覺有“微刺感”時，請添加化妝水使用。
7. 超過約3分鐘後自動停止。(自動關閉功能)
   - 以結束聲告知。
8. 使用後，務必將電源變壓器從插座上拔下。(圖7)
   如果繼續使用下一個模式時，不需拔下電源變壓器。
9. 拆下套環和化妝棉。
   - 用紙巾等擦拭溫熱導頭表面。
   - 用過一次的化妝棉，再次使用的話，會引起皮膚損傷，請不要使用。

不使用化妝棉時

強化保濕時，若使用凝膠類保濕產品或黏性較強的化妝水，無需使用化妝棉，因為此類化妝水不容易滲透到化妝棉內，可把化妝水/凝膠類保濕產品塗於溫熱導頭上直接使用。

1. 將平時用的黏性較強的化妝水或凝膠類保濕產品塗在溫熱導頭上，用手指塗勻整個溫熱導頭上使用。(圖9) ㉒保濕產品

2. 將電源變壓器插在本體和插座上，按下電源開關。(圖8)
   - 等級表示指示燈點亮後，模式表示指示燈的“HOT MOISTURIZE”閃亮。其他模式閃亮時，按下模式切換按鈕進行切換。

> “HOT CLEANSING”模式結束後，按下電源開關即可自動設定為“HOT MOISTURIZE”模式。

3. 用等級切換按鈕選擇電流的“強度”。
   根據皮膚的狀態用等級切換按鈕選擇“強度”。
   - 每按下一次等級切換按鈕，電流的“LOW”、“MEDIUM”或“HIGH”就會切換，振動的強度不會變化。

> 初次使用者或感到不適者，建議使用“LOW”等級。

4. 用手握住本體並接觸背板。(圖5)
   - 務必用手接觸背板並握住本體。
5. 將溫熱導頭直接貼在皮膚上緩慢地移動。(圖6)
   - 模式表示指示燈變成點亮並振動。
   - 使用時間為約3分鐘以內。

注意

請接觸背板，化妝棉若不貼在皮膚上則不會振動。(皮膚檢測功能)
溫熱導頭不振動時,產品不會發揮功效。
如果本產品不振動放置約3分鐘，則自動“關閉”電源。(自動關閉功能)

   - 滑動不順暢時，請在溫熱導頭上添加化妝水。
   - 輕輕貼著臉部，從臉的中心向外側滑動並緩慢地移動。

⚠注意	溫熱導頭不能在皮膚的同一部位停留要不停地移動。 （否則會造成皮膚損傷或身體不適的原因）

   - 不要在同一部位使用超過10秒鐘。
   - 使用中，如果感覺有微電流的刺痛感時，按下等級切換按鈕至“LOW”。
     如果仍感覺有微刺感時，請在溫熱導頭上添加保濕產品。
6. 超過約3分鐘後自動停止。(自動關閉功能)
   - 以結束聲告知。
7. 使用後，務必將電源變壓器從插座上拔下。(圖7)
   如果繼續使用下一個模式時，不需要拔下電源變壓器。
8. 請用紙巾等擦淨沾附在溫熱導頭或本體上的保濕產品。

步驟3 HOT MASK (溫熱面膜)

(使用乳液時建議每日一次，使用保濕面膜時則每週1～2次。)
利用切換細微振動或緩慢的電極加強乳液及保濕面膜的效果。

1. 將保濕面膜敷在臉上或將平時用的乳液或護膚霜塗勻整個臉上使用。
   - 將手上沾附的乳液擦淨。
2. 將電源變壓器插在本體和插座上，按下電源開關。(圖10)
   - 等級表示指示燈點亮後，模式表示指示燈的“HOT MASK”閃亮。其他模式閃亮時，按下模式切換按鈕進行切換。

> “HOT MOISTURIZE”模式結束後，按下電源開關即可自動設定為“HOT MASK”模式。

3. 用等級切換按鈕選擇電流的“強度”。
   - 根據皮膚的狀態用等級切換按鈕選擇“強度”。
   - 每按下一次等級切換按鈕，電流的“LOW”、“MEDIUM”或“HIGH”就會切換，振動的強度不會變化。

初次使用者或感到不適者，建議使用“LOW”等級。

4. 用手握住本體並接觸背板。(圖5)
   - 務必用手接觸背板並握住本體。
5. 將溫熱導頭貼在臉上緩慢的移動。(圖6)
   使用保濕面膜時，在保濕面膜上進行滑動。
   - 模式表示指示燈變成點亮並振動。
   - 使用時間為約3分鐘以內。

注意

請接觸背板，化妝棉若不貼在皮膚上則不會振動。(皮膚檢測功能)
溫熱導頭不振動時,產品不會發揮功效。
如果本產品不振動放置約3分鐘，則自動“關閉”電源。(自動關閉功能)

   - 輕輕貼著臉部，從臉的中心向外側滑動並緩慢地移動。

⚠注意	溫熱導頭不能在皮膚的同一部位停留要不停地移動。 （否則會造成皮膚損傷或身體不適的原因）

   - 不要在同一部位使用超過10秒鐘。
   - 使用中，如果感覺有微電流的刺激(觸電感)感時，按下等級切換按鈕至“LOW”。
6. 超過約3分鐘後自動停止。(自動關閉功能)
   - 以結束聲告知。
7. 使用後，務必將電源變壓器從插座上拔下。(圖7)
   如果繼續使用下一個模式時，不需要拔下電源變壓器。
8. 請用紙巾等擦淨沾附在溫熱導頭或本體上的乳液。

步驟4 COOL (冰涼美肌)

將導頭部表面溫度降低至比週圍溫度低約10℃，利用冰涼的冷卻效果，使皮膚的毛孔收緊的模式。

⚠警告	週圍溫度為10～40℃時使用。 (否則低溫下使用會造成導頭過冷導致皮膚損傷)

注意

如果連續使用「COOL」時，會有冷卻導頭不易冷卻，並發出警告聲(嗶、嗶)，用「COOL」模式表示指示燈告知的情況。

1. 確認電源變壓器與本體連接後按下電源開關。(圖11)
   - 等級表示指示燈點亮後，模式表示指示燈的“COOL”閃亮。其他模式閃亮時，按下模式切換按鈕進行切換。

“HOT MASK”模式結束後，按下電源開關會自動變成“COOL”模式。

2. 等到冷卻導頭冷卻。
   - 冷卻準備時間需要約10秒鐘。“COOL”的模式表示指示燈閃亮。
   - 可以使用時，準備聲會“嗶、嗶”鳴響，模式表示指示燈點亮。

注意
- “COOL”模式不會振動。

3. 用冷卻導頭輕輕貼在皮膚上，如圖12慢慢輕觸皮膚。
   - 模式表示指示燈變成點亮。冷卻導頭不會振動。
   - 可以使用的時間為1分50秒以內。
   - 在同一部位使用的時間約為1秒鐘左右，從臉的中心部向外側反復輕觸皮膚。

注意
- 請勿將冷卻導頭貼在皮膚上滑動。
- 請勿在皮膚的同一部位上停留。否則會使冷卻導頭的冷卻效果變弱。

4. 超過1分50秒會自動停止。(自動關閉功能)
   - 以結束聲(嗶－嗶－)告知。
   - “COOL”結束時，本體和冷卻導頭會有些發熱，並非異常。
5. 使用後，務必將電源變壓器從插座上拔下。(圖7)
   - 如果在皮膚上殘留的化妝水等沾附在冷卻導頭或本體上時，請用紙巾等擦淨。
   - 使用中，電源變壓器會有些發熱，並非故障。

注意

使用中模式表示指示燈與模式切換指示燈全部變為閃亮，並鳴響異常檢測聲「嗶－」時，則表示故障警告。
將電源變壓器從插座上拔下後，委託經銷店進行修理。

■關於皮膚檢測功能

本產品是通過人體進行動作的商品。
通過皮膚接觸背板和導頭而使電路正常運作。
只接觸背板，導頭若不貼在皮膚上則不會正常運作。

清潔保養方法

- 請用紙巾等擦淨本體或套環上的化妝水。
  如果污垢不易去掉時，請用擰乾的濕布擦拭。

⚠警告	不可用水沖洗本體。也不可浸泡或淋濕本體。(否則會造成故障的原因)
⚠注意	務必將電源變壓器從插座上拔下。 (否則會因錯誤操作打開開關而受到刺激或造成損壞的原因)

注意 ★不可使用酒精、揮發油、稀釋劑等。(否則會造成變形或變色的原因)

保存方法

- 將本體置於膠座(附件)上，並放在濕氣及灰塵少的場所。
- 膠座除放置本體外還可以收存套環。(圖13)

⚠警告	不可在容易濺水或潮濕的地方放置、如浴室內。 （否則會造成短路或故障的原因）
	請勿將電線纏繞在電源變壓器或本體上。 (否則會造成損傷電線的原因)

注意 ★不可放置在陽光直接照射的地方(夏季時汽車內等)、熱器具的附近。
(否則會造成變形或變色的原因)

規格

電源	電源變壓器 (KH-186B)	AC100-240V 50-60Hz通用
操作時間		最多約11分鐘
附件		套環(2個)、膠座

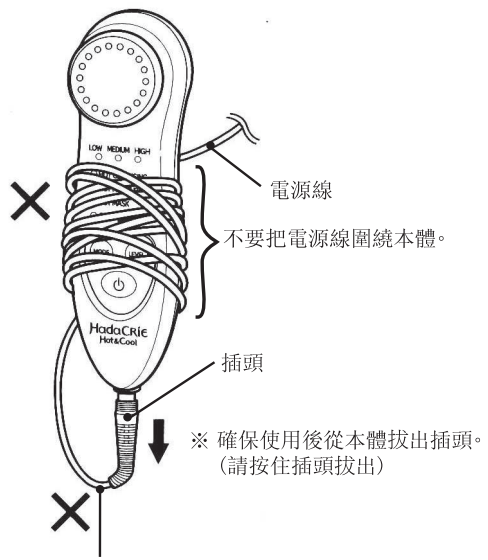
廢棄產品時須知

⚠警告	請勿拆開產品,廢棄時除外。

本產品中，還有其它可以回收再利用的部件。
廢棄部件時，請按照居住地區的有關條例等規定進行處理。

注意

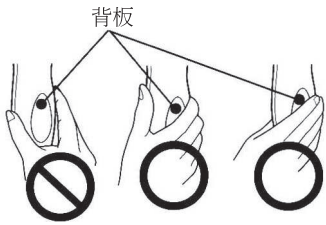
確保使用後從本體拔出插頭。
請不要把電源變壓器仍連接在本體或把電源線圍繞本體時收藏本產品。（導致斷線）



注意

使用時注意

- 使用時，手握著本產品及皮膚必須接觸背板，然後導頭貼在皮膚上。否則，本產品不會運作。



檢測皮膚功能

- 本產品是要通過人體而操作。
- 利用皮膚接觸背板和導頭使電路運作。
- 中途將導頭部離開皮膚時也會有繼續運作的情況，但並非故障。此時，請關閉電源開關或將手離開背板即可停止。

運作時間

- 每一個模式的持續運作時間已預先設定。
- 持續運作時間並不包含以下情況：
  - 當導頭或裝上化妝棉的導頭和背板不是持續接觸皮膚
  - 化妝棉沒有醮上足夠化妝水

  ＊所以實際操作時間通常會較長。

自動關機功能

- 如本產品不在運作情況下約3分鐘時，會自動關機。
- 各步驟結束(超過3分鐘)時，本產品將發出結束聲(嗶、嗶)並自動停止。

常見問題解答

編號	問題	解答
Q1	使用中皮膚有「刺痛感」。	・等級按鈕是否置於「強」？ → 按下等級切換按鈕切換成「弱」。 ・化妝棉中是否含有水分？ → 請在化妝棉上一點一點添加少量的化妝水。 ※如果皮膚有不適感時，請立即停止使用與諮詢專門醫師。
Q2	可否用「HOT CLEANSING」模式卸妝？	・本產品不可用於卸妝。 → 請用清潔美容劑卸妝。
Q3	用力按壓是否將污垢容易清除？	・由於利用電氣性質吸引出污垢來保濕皮膚，無需用力按壓。 →輕輕貼在皮膚上緩慢地移動。
Q4	無法安裝化妝棉。	・根據化妝棉的種類尺寸和形狀亦有不同，會出現無法安裝的情況。 →請使用其他的化妝棉。
Q5	可否在浴室使用嗎？	・本產品無防水結構。 →不可在濺水場所或濕氣較多之處使用或保管。
Q6	可否在帶有化妝水的狀態下使用「COOL」模式？	・可以使用，但是化妝水不會增加冷凍效果。
Q7	在「COOL」模式狀態下，冷卻導頭沒有冰涼感。	・切換「COOL」模式後，是否超過2分鐘。 →冷卻準備(約10秒鐘)結束後自動變成使用模式，然後再超過1分50秒自動停止「COOL」模式。 ・是否用「COOL」模式進行連續操作？ →如果連續使用則會降低冷卻功能，冷卻導頭的溫度會高於初始溫度。 →如果在同一部位連續使用時，皮膚表面的溫度會下降，會有不感覺涼的情況。請貼在其他部位進行確認。
Q8	可否使用黏性較強的化妝水或凝膠類保濕產品？	・黏性較強的化妝水或凝膠類保濕產品只可在「溫熱強化保濕」模式和「溫熱面膜」模式時使用。 ・使用時則無需使用化妝棉。
Q9	是否有美白效果或去除黑斑功效。	・本產品沒有美白效果或去除黑斑的功效。 →但可以吸出皮膚中毛孔深處的污垢和進行保濕護理。
Q10	皮膚有哪那些症狀時不可使用本產品。	・在安全上的注意事項中記載的人士與部位不可使用。